

# First Aid

Subject: First Aid

Study programme: Dental Medicine

Study Period : Winter Term

Subject Type: compulsory

## Schedule of Lectures:

Goals of rescuer in first aid, chain of survival, primary and secondary survey, first aid in major external bleeding, first aid in internal bleeding, shock, first aid in extremity, pelvic and spine fractures, first aid in chest injury, first aid in electrical injuries, first aid in blast injury and crush injury, hypothermia, frostbite, burns, hyperthermia, first aid in near drowning, rescuer safety

## Schedule of Practical Lesson:

Upper extremity fracture and its immobilization with sheet, First aid in nosebleed, First aid in various types of external bleeding, Lower extremity fracture immobilization, Log roll maneuver, C spine immobilization, pelvic fracture stabilization, first aid in tension pneumothorax, first aid in traumatic amputation of extremity, patient transport

## Requirements and Conditions

100% participation on the practical exercises

## Literature:

First Aid Manual, Dorling Kindersley, 2014, ISBN: 9781409342007