

## Personal Data

Name: Prof. Olga Orosova, PhD  
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## Education

2013 Inauguration in Educational, School, and Counselling Psychology,  
Faculty of Social Sciences and Health Care, Constantine the Philosopher University in Nitra, Slovakia  
2005 Habilitation in Educational Psychology  
Comenius University in Bratislava, Educational Faculty  
1994 Postgraduate study: Methods of Applied Social Psychology  
Charles University in Prague, Faculty of Arts, Czech Republic  
1991 PhD study in Psychology  
Comenius University in Bratislava, Faculty of Arts  
1980 MA  
Pavol Jozef Šafárik University in Kosice, Faculty of Arts  
Branch of study: Psychology

## Positions

09/2006 – present Pavol Jozef Šafárik University in Kosice, Faculty of Arts, Department of Educational Psychology and Health Psychology,  
– University teacher, functional appointment as an Professor in the Educational Psychology  
– Member of the habilitation and inauguration commission at P. J. Šafárik University in Košice, Slovakia, in the field of Social Psychology and Work Psychology  
– Member of the PhD Commission at P. J. Šafárik University in Košice, Slovakia, in the field of Social Psychology and Work Psychology  
– Supervisor of PhD students at P. J. Šafárik University in Košice, Slovakia, in the field of Social Psychology and Work Psychology  
2002 – 2006 Institute of Social Sciences  
Pavol Jozef Šafárik University in Kosice, Faculty of Science  
University teacher, functional appointment as an Assoc. Prof. in the Educational Psychology  
1996 – 2002 Pavol Jozef Šafárik University in Kosice, Faculty of Science,  
Institute of Social Sciences  
University teacher in Psychology  
1992 – 1996 Educational and Psychological Counselling Centre  
Counselling Psychologist  
1980 – 1991 Slovak Academy of Sciences, Institute of Social Sciences  
Study research stay and PhD study in Psychology

## Management

2015 - present Dean of the Faculty of Arts, Pavol Jozef Šafárik University in Kosice, Slovak Rep.  
2007- 2015 Vice-dean for Academic Affairs of the Faculty of Arts, Pavol Jozef Šafárik University in Kosice, Slovak Rep.  
2006 – 2007 Vice-director for research and International Affairs of the Institute of Philology and Social Sciences,  
Pavol Jozef Šafárik University in Kosice, Slovak Rep.  
Delegated head of the Department of Educational Psychology and Health Psychology, Institute of Philology and Social Sciences, Pavol Jozef Šafárik University in Kosice, Slovak Rep.  
2002 – 2006 Director of the Institute of Social Sciences  
Pavol Jozef Šafárik University in Kosice, Faculty of Science, Institute of Social Sciences, Kosice

## Grants are received in international and national competition

2013 - 2015 Contact person / UPJŠ Košice, Slovak Rep.  
LLP projekt SPAN –Science for Prevention Academic Network, Oxford Brookes University,  
526773-LLP-1-2012-1-UK-ERASMUS-ENW  
2008 - present Contact person / UPJŠ Košice, Slovak Rep.  
Promoting Psychological Well-Being Globally, Walden University, USA

- 2015 - 2017 Principal investigator  
1/0713/15 Intrapersonal and interpersonal factors related to changes in risk behaviour of university students and their intentions to emigrate. (VEGA - The VEGA grant Agency was established via the agreement between the Slovak Ministry of Education, Science, Research and Sports and Slovak Academy of Sciences)
- 2015 - 2020 Principal investigator  
APVV-15-0662 Psychological mechanism of risk behavior change of schoolchildren and university students. Risk behavior and migration/emigration intentions. (APVV - Research and Development Support Agency)
- 2012 - 2015 Principal investigator  
APVV –0253–11 Drug use among young adolescents and university students. The research-based drug use prevention. (APVV - Research and Development Support Agency)
- 2012 - 2014 Principal investigator  
VEGA 1/1092/12 Life perspective and risk behaviour among university students.
- 2007-2009 Principal investigator  
1/4518/07 Competence, social competence, social intelligence, socially competent behaviour, social skills, social-psychological training.
- 2006-2009 Principal investigator  
APVV-20-038205 APVV Individual, interpersonal, social and societal factors of risk behaviour among adolescents and young adults.
- 2004 - 2006 Principal investigator  
VEGA1/1408/04 Psycho-social analysis of risk behaviour among university students. Efficacy of a drug and AIDS prevention program.
- 2004 - 2006 Principal investigator  
VEGA 2/4171/04 P.J.Šafárik University, Faculty of Science, Institute of Social Sciences, Kosice  
VEGA SAV 2/4171/24 Social intelligence and interpersonal relations.  
VEGA (Research Grant Support Agency of Ministry of Education Slovak Republic and Slovak Academy of Sciences) grants are received in national competition
- 2000 – 2007 Project leader of six drug prevention projects of Antidrug fund in Bratislava, Slovak republic  
Antidrug fund financial supports are received in national competition

### International experience

- 2014 - present A National Delegate of ESFRI Strategy Working Group On Social And Cultural Innovation
- 2010 - present The member of the executive board of a cross-national longitudinal study assessing health and health behaviours among university students and is conducted at universities in 13 European countries  
*Students Life Cohort in Europe (SLiCE)*
- 2005- 2008 *The position of „universitair hoofddocent“ at the Department of Health Sciences, Faculty of Medical Sciences, University of Groningen, The Netherlands*
- 2004 – 2011 *National coordinator in UNIPREV*  
Member of Directors Board  
UNIPREV (United prevention) is an international association in the primary prevention of addiction, Belgium

### Focus of research

Efficiency of psycho-social training, the efficacy of drug prevention programs among adolescents and university students, risk/protective factors of health-related behavior, emigration intentions among university students

### Courses Taught

Psychology of Personality  
Educational Psychology  
School Psychology

### Training experience

Head-trainer and guarantor of peer drug prevention program among adolescents since 2000.  
Head-trainer of psycho-social training courses since 1992.  
Head-trainer and guarantor of psycho-social training (Number of accreditation of Ministry of Education SR: 0976/23248/2005/457/1).

### Selected publications (Next: WoS /Total:123 publications)

- Orosová, O.**, Benka, J., Hricová, L., & Kulanová, M. (2018). Gender, Rootedness, Normative Beliefs and Emigration Intentions of Slovak University Students. *International Migration*, 56(4), 172-196.
- Bacikova, M., Hricova, L., & **Orosova, O.** (2018). Changes and stability in family processes in early adolescence. *Ceskoslovenska Psychologie*, 62(3), 197-211.
- Šebeňa, R., **Orosová, O.**, Helmer, S., Petkeviciene, J., Salonna, F., Lukacs, A., & Mikolajczyk, R. (2018). Psychometric Evaluation of the Short Self-Regulation Questionnaire across Three European Countries. *Studia Psychologica*, 60(1), 5-15.

- Jurystova, L., **Orosova, O.**, & Gabrhelik, R. (2017). Fidelity: Key concepts, methods, and example of application in practice. *Ceskoslovenska Psychologie*, 61(5), 474-487.
- Orosova, O.**, & Kulanová, M. (2017). Push and pull factors of emigration plans among Slovak university students. In: *Emigration intentions and risk behaviour among university students*, 105-146. <https://unibook.upjs.sk/img/cms/2017/ff/emigration-intentions-final.pdf>.
- Orosova, O.**, Gajdosova, B., & Janovska, A. (2016). Well-being among Slovak adolescents. In *International Handbook of Psychological Well-Being in Children and Adolescents* (pp. 183-199). Springer, New York, NY.
- Brutovska, M., **Orosova, O.**, & Kalina, O. (2016). Normative beliefs, attitude toward alcohol use and alcohol use among Slovak university students. *Ceskoslovenska Psychologie*, 60(3), 266-277.
- Berinsterova, M., **Orosova, O.**, & Miovsy, M. (2016). The perceived high expectation messaging from adults in relation to alcohol and tobacco use among early adolescents: The mediation effect of self-control. *Ceskoslovenska Psychologie*, 60(2), 106-119.
- Bavofár, J., & **Orosova, O.** (2015). Decision-making styles and their associations with decision-making competencies and mental health. *Judgment and Decision Making*, 10(1), 115-122.
- Brutovská, M., **Orosova, O.**, Kalina, O., & Šebeňa, R. (2014). Descriptive normative beliefs and the self-regulation in alcohol use among Slovak university students. *Journal of Public Health*, fdu099.
- Bacikova-Sleskova, M., Benka, J., & **Orosova, O.** (2014). Parental employment status and adolescents' health: The role of financial situation, parent-adolescent relationship and adolescents' resilience. *Psychology & health*, (ahead-of-print), 1-23.
- Orosova, O.**, Benka, J., Sebena, R., Gajdosova, B. (2014). *Optimism, perceived stress and problematic internet use among slovak university students* In: C. Pracana (Ed.): *Psychology Applications & Developments*. Portugal: Portuguese Association of Psychoanalysis and Psychoanalytic Psychotherapy. ISSN 2183-2854V, 306-315.
- Orosova, O., Gajdošová, B., & Janovská, A. (2014). Sense of coherence, resilience, alcohol use among Slovak university students. A brief universal drug use prevention program. *Individual and Society*, (1), 64-71.
- Sebena, R., **Orosova, O.**, & Benka, J. (2013). Are self-regulation and depressive symptoms predictors of problematic Internet use among first year university students?. *PsychNology Journal*, 11(3), 235-249.
- Sebena, R., El Ansari, W., Stock, C., **Orosova, O.**, & Mikolajczyk, R. T. (2012). Are perceived stress, depressive symptoms and religiosity associated with alcohol consumption? A survey of freshmen university students across five European countries. *Subst Abuse Treat Prev Policy*, 7(1), 21.

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