

Travel recommendation: occurrence of the new Coronavirus 2019-NCoV

What is the new coronavirus?

A new coronavirus epidemic is currently spreading in China. This virus can cause symptoms such as cough, temperature above 38° C and difficulty breathing. In some ill persons this disease can cause serious health complications and even death.

How does this virus spread?

The first recorded cases of the disease occurred in persons who visited the local market in Wuhan, China. However, it is also possible to become infected through close contact with a person who has the above symptoms of the disease (especially cough).

Travellers from China

If you have recently returned from China and are coughing, having a sore throat or difficulty breathing within 14 days of your return:

- Stay at home and contact your attending physician by phone explaining him/her your health problems and inform them about your return from China. Your attending physician will then decide what to do next.

Travellers to China

Avoid contact with sick persons, especially those who have a cough.

Avoid visiting markets and places where live or dead animals are handled.

Wash your hands with soap and water, or use an alcohol-based hand disinfectant before eating, after the use of the toilet and after any contact with animals.

Avoid any contact with animals and their faeces.