

Health Psychology UPZMV/HP-GM/10

Students register for the course via the e-learning portal lms.upjs.sk through their AiS2 account.
After logging in to the portal, they log in to the subject UPZMV/HP Health Psychology.

Login link: <https://lms.upjs.sk/course/view.php?id=1496>

Login key: HealthPsychology2024

Brief outline of the course:

1st block of lectures: Being healthy and staying healthy

1. Health and social determinants of health
2. Health-related behaviour
3. Changing health-related behaviour
4. Health promotion

2nd block of lectures: Becoming ill

5. Theories and mechanisms of stress
6. Stress moderators, coping and personality
7. Social support

3rd block of lectures: Being ill

8. Being ill
9. Chronic disease from the patient's perspective
11. Complementary, alternative and integrative medicine in patient care
12. Health literacy

4th block of lectures: Improving healthcare

13. Access to health care
14. Doctor-patient relationship
15. Patient safety, second victim

IMPORTANT DATES

	UNIT 1	UNIT 2	UNIT 3	UNIT 4
LECTURES	Sep 13th, 2024, 08:00 Jan 13th, 2025, 08:00	Sep 30th, 2024, 8:00 Jan 13th, 2025, 8:00	Oct 21st, 2024, 8:00 Jan 13th, 2025, 8:00	Nov 11th, 2024, 8:00 Jan 13th, 2025, 8:00
QUIZZES	Sep 13th, 2024, 08:00	Sep 30th, 2024, 8:00	Oct 21st, 2024, 8:00	Nov 11th, 2024, 8:00
TEST YOUR PROGRESS	Sep 30th, 2024, 8:00	Oct 21st, 2024, 8:00	Nov 11th, 2024, 8:00	Dec 2nd, 2024, 8:00
TASKS	Sep 13th, 2024, 08:00 Sep 30th, 2024, 8:00	Sep 30th, 2024, 8:00 Oct 21st, 2024, 8:00	Oct 21st, 2024, 8:00 Nov 11th, 2024, 8:00	Nov 11th, 2024, 8:00 Dec 2nd, 2024, 8:00
TEST - ONLINE	Sep 30th, 2024 16:00-16:30	Oct 21st, 2024, 16:00-16:20	Nov 11th, 2024, 16:00-16:30	Dec 2nd, 2024, 16:00-16:30
ASSIGNMENT	Sep 13th, 2024, 08:00 Oct 7th, 2024	Sep 30th, 2024, 8:00 Nov 4th, 2024, 8:00	Oct 21st, 2024, 8:00 Nov 25th, 2024, 8:00	Nov 11th, 2024, 8:00 Dec 9th, 2024, 8:00
SEMINAR – IN PERSON	Oct 7th, 2024 15:45-17:15	Nov 4th, 2023, 15:45-17:15	Nov 25th, 2024, 15:45-17:15	Dec 9th, 2024, 15:45-17:15
FEEDBACK	Oct 8th, 2024, 8:00 Oct 28th, 2024, 8:00	Nov 5th, 2024, 8:00 Nov 13th, 2024, 8:00	Nov 26th, 2024, 8:00 Nov 29th, 2024, 8:00	Dec 10th, 2024, 8:00 Dec 16th, 2024, 8:00

SEP 28th

SELECTION OF WORK TEAM

SELECTION OF ESSAY TOPIC

DEC 2nd

ESSAY



Conditions for course completion: completion of online lectures, elaboration of assignments and its presentation, essay