

Abbreviations

	Subject/Activity
Ae	aerobics
Aik	aikido
Ba	basketball
Be	bedminton
BF	body form
Bo	bouldering
BOX	filipino boxing
CT	circuit training
Fb	floorball
Fris	frisbee
GW	gym workout
IF	indoor football

Pil	pilates
PwY	power yoga
SD	self defense
SM	SM-system
Step	step aerobics
Sw	swimming
Ta	tabata
Te	tennis
TT	table tennis
Vo	volleyball
Yg	yoga

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